

WanderWork:

A Guide to Working and
Traveling Abroad



New Zealand Edition

The Benefits of Working and Traveling in New Zealand as a Canadian



Are you ready for the adventure of a lifetime, but the thought of figuring out the visa process and finding a job abroad is making your head spin?

Do you have questions about where to go, how to get the work visa, how to get a job overseas?

Have you started to book your trip and need some travel suggestions and advice?

In this guide to working abroad in New Zealand you will find detailed information about jobs, housing, travel, safety and much more!

At GO International we understand what you are going through and we are here to help.

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An Introduction to International Experience Canada (IEC)

Are you ready to turn your travels into a life-changing experience? Did you know there's a government program that makes it possible for you to work in over 35 countries while you explore the world? It's true!

As a Recognized Organization (RO) of IEC, GO International has been designated a partner in raising awareness and providing support services to foreign national and Canadian youth. The Government of Canada works with key stakeholders like GO International in Canada and abroad to raise awareness of the program, promote the benefits of international experience, and to equip Canadian youth with information to successfully embark on international work and travel experiences through IEC.

What is International Experience Canada?

International Experience Canada (IEC) is the Government of Canada's flagship youth mobility program, facilitating work and travel opportunities for thousands of Canadian and foreign youth each year. Although Canadian citizens enjoy passports that provide visa-free access to many countries around the world, most do not allow easy access to labor markets, making it difficult to obtain international work experience without specialized, in-demand skills.

Through the negotiation of youth mobility arrangements, IEC facilitates international work experience opportunities for youth aged 18-35 in partner countries and territories around the world.

Originating in 1951 as a cultural youth exchange initiative following World War II, the program now has more than 30 active youth mobility arrangements with country and territory partners across Europe, East Asia, Oceania, and the Americas.

Its primary objectives include building the global competencies of Canadian and foreign national youth and leveraging youth mobility arrangements as a strategic tool in diplomatic relations to strengthen global relationships.



"Traveling allows you to become so many different versions of yourself."

How does it work?

IEC has three program streams through which foreign youth may work and travel in Canada:

Working Holiday

The Working Holiday stream facilitates work and travel through an open work permit that allows foreign youth to work for virtually any employer in any location in Canada.

International Co-op & Young Professionals

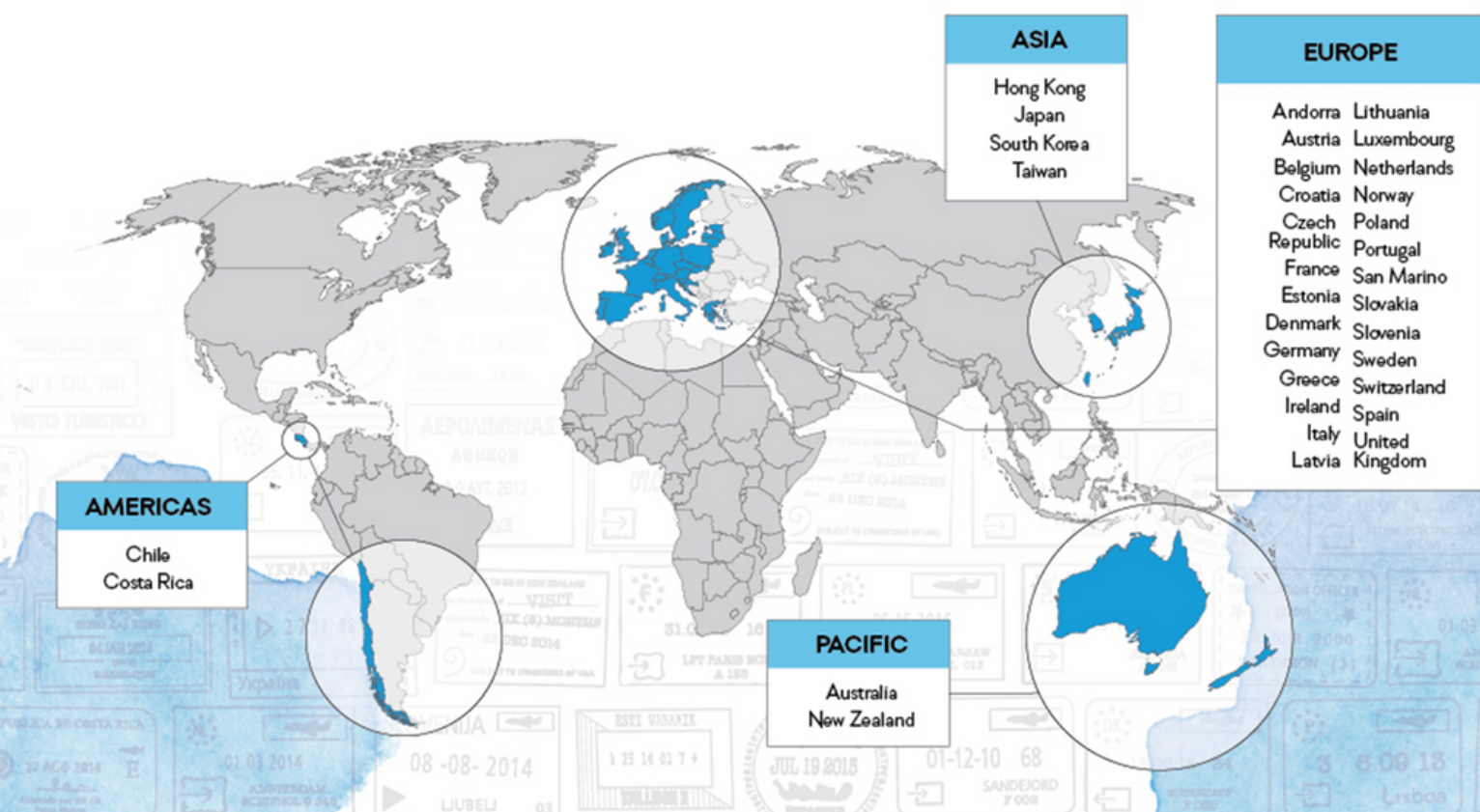
The International Co-op and Young Professionals streams facilitate internships and professional work experience through employer-specific work permits.

Similarly, Canadian youth can access a variety of work-travel program streams in partner countries and territories. Access to specific work permit streams depends on the negotiated arrangement between Canada and each of its partners.



IEC Partner Countries

The following countries have reciprocal Youth Mobility Agreements (YMA) with Canada. This means, that as a Canadian citizen, you can get a Youth Mobility visa / Working Holiday visa for any of these destinations - always depending on the agreement between Canada and the IEC country.





Planning Your Trip: How to Budget and Plan Your Itinerary for New Zealand

Seize Your Moment in the Sun with Your New Zealand Working Holiday!

If you are already packing your bags, why not travel to New Zealand? It is one of the most popular backpacking and working holiday destination out there. This means, you will easily make contact with other international travelers and find friends to go on a road trip or share a flat with. As an English-speaking country, New Zealand is easy for most Canadians to navigate.


The New Zealand economy relies on work and travelers looking for temp jobs in hospitality, tourism or on their farms. For those seeking a career boost, New Zealand's travel and hospitality industries are known throughout the world for their excellence in service.

Requirements for Traveling and Working in New Zealand as a Canadian

TO BE ELIGIBLE FOR THE PROGRAM:

- You are a Canadian citizen residing in Canada
- You have a valid Canadian passport
- You must be between the ages of 18 and 35 (and must not turn 36 before New Zealand issues you your working holiday visa)
- A clean police record
- Intermediate or better-working knowledge of English
- A bank statement that certifies you have access to at least \$4,200 NZD in available funds
- You must have never previously held an New Zealand working holiday visa
- Medical insurance for the duration of your entire trip
- Meet health and personal character requirements
- You must not have any dependent children

With the Working Holiday visa, you are eligible to stay in New Zealand for up to 12 or 23 months. During this time, you are not allowed to take up any permanent jobs.



**"The journey of a thousand miles
begins with a single step"**

Must-See Travel Sites to Visit on Your Trip

North Island



The North Island of New Zealand enjoys a warm, temperate climate and is known for its volcanic activity, beaches, national parks and cosmopolitan cities. Home to about three-quarters of New Zealand's population, it has the country's largest city, Auckland.

The Island is well-known for its lakes, glaciers and lush green mountains. The Southern Alps can be found here as well as many national parks and reserves. New Zealand's South Island is now booming because of all the wonderful opportunities that it offers to its tourists.

South Island



6 UNIQUE THINGS TO EXPERIENCE IN **NEW ZEALAND!**



TAMAKI MAORI VILLAGE – NORTH ISLAND

Ka Mate Ka Mate Ka Ora Ka Ora! Enjoy a wonderful evening of Hangi, History and Haka on this great night time tour of a traditional Maori village. You'll have the Haka in your head for ages afterwards!



TANDEM SKYDIVE – QUEENSTOWN

Tandem Skydive from 15000, 12000, or 9000 feet and freefall at 124kph over New Zealand's most scenic resort – Queenstown. Once the chute opens, you'll have time to marvel at the stunning mountain landscapes as you glide peacefully to the ground.

AJ HACKET BUNGY – QUEENSTOWN

Where the Bungy phenomenon all began and with the people who started it. Bungy options are available for every level of adrenaline junkie from the original 141ft Kawarau Bridge leap to the massive 439ft Nevis Highwire.





6 UNIQUE THINGS TO EXPERIENCE IN **NEW** **ZEALAND!**

MILFORD SOUND – SOUTH ISLAND

Tagged as the “eighth wonder of the world.” The Sound is actually a fjord surrounded by high rainforest-covered cliffs. Rainfall is some of the highest in the world and temporary waterfalls cascade up to 328 feet into the water. Watch out for seals, penguins, and dolphins, who are regular visitors to the area.



WAITOMO GLOWWORM CAVES – NORTH ISLAND

World-renowned and a magnet for both local and overseas visitors, these caves occupy a high place on the New Zealand vacation wish list. The Glowworm, *Arachnocampa luminosa*, is unique to New Zealand.

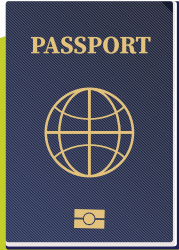


RANGITOTO ISLAND – NEAR AUCKLAND

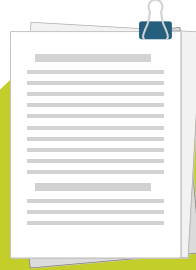
Rangitoto is Auckland’s most iconic island, with its distinctive symmetrical cone and superb location just off the coast. Only a short scenic ferry ride across the harbour from downtown Auckland, the island is a favourite destination for hikers and day-trippers.



What to pack for your *Carry-on Luggage*



Passport



POE Letter



Health Insurance



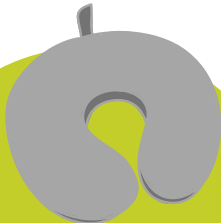
Credit or
Debit Card



Cash



Emergency
Contacts



Travel
Pillow



Charger &
Adapter



Important
Documents



Electronics



Snacks
& Water



Change of
Clothes



Check the carry-on rules for your airline!

Travel Preparation Checklist

Travel Preparation

- ☐ Renew/Check passport
- ☐ Book medical insurance
- ☐ Change CAD to local currency
- ☐ Check flight status, online check-in, & seat reservation
- ☐ Download offline maps
- ☐ Print important documents
- ☐ Make copies to give to parents or someone you trust
- ☐ Get a credit card
- ☐ Write down important contact numbers
- ☐ Visit doctor (e.g. dentist)
- ☐ Apply for an international driving permit
- ☐ Check vaccination requirements
- ☐ Prepare a general resume
- ☐ Check that your cellphone is unlocked
- ☐ _____

Home Preparation

- ☐ Organize plant & pet care
- ☐ Empty the fridge of perishables
- ☐ Forward or hold mail
- ☐ Give keys to a relative/friend
- ☐ Cancel contracts/subscriptions



Packing Checklist

Clothing

- ☐ Shirts / T-shirts
- ☐ Pants / Jeans
- ☐ Shorts
- ☐ Socks
- ☐ Sweater
- ☐ Hat
- ☐ Underwear & Pajamas
- ☐ Bras
- ☐ Dress / Skirt
- ☐ Pantyhose
- ☐ Collar Shirt
- ☐ _____
- ☐ _____

Cold Weather Clothing

- ☐ Jacket (Wind breaker)
- ☐ Gloves
- ☐ Hat
- ☐ Scarf
- ☐ _____
- ☐ _____

Optional Clothing

- ☐ Belt
- ☐ Raincoat
- ☐ Umbrella
- ☐ Jewelry
- ☐ Glasses / Contact lens kit
- ☐ Smart interview outfit
- ☐ _____

Beach Gear

- ☐ Swimsuit
- ☐ Sunglasses
- ☐ Sunblock
- ☐ Beach towel
- ☐ _____
- ☐ _____

Shoes

- ☐ Runners / Walking shoes
- ☐ Sandals
- ☐ Dress shoes / Heels
- ☐ Shower shoes
- ☐ _____

Electronics

- ☐ Cellphone / Charger
- ☐ Extra batteries
- ☐ Power bank
- ☐ Laptop
- ☐ Watch
- ☐ Headphones
- ☐ Travel adapter
- ☐ _____

Luggage

- ☐ Backpack
- ☐ Carry-on bag
- ☐ Suitcase
- ☐ Safety pins
- ☐ _____

Personal Hygiene

- ☐ Toiletry bag
- ☐ Hair Brush / Comb
- ☐ Razor / Electric Shaver
- ☐ Toothbrush / Tooth Paste
- ☐ Dental floss
- ☐ Soap/ Cleansers
- ☐ Shampoo/ Conditioner
- ☐ Deodorant
- ☐ Moisturizer
- ☐ Lip Balm
- ☐ Quick-dry towel
- ☐ Make-up
- ☐ Feminine products
- ☐ _____
- ☐ _____

Health & Medications

- ☐ Prescription medicine
- ☐ Contraception/ Condoms
- ☐ Motion sickness pills
- ☐ Pain/ Aspirin medication
- ☐ Antibiotic ointment
- ☐ Laxative/ Diarrhea medicine
- ☐ First Aid Kit
- ☐ Insect repellent
- ☐ Band-aids
- ☐ _____

Quick Packing Tips

1 Don't overpack!

Pack only as if you'll be gone for 3 weeks and take just your favorites.

2 Pack smart

Use packing cubes or the rolling technique so you won't lose any suitcase space.

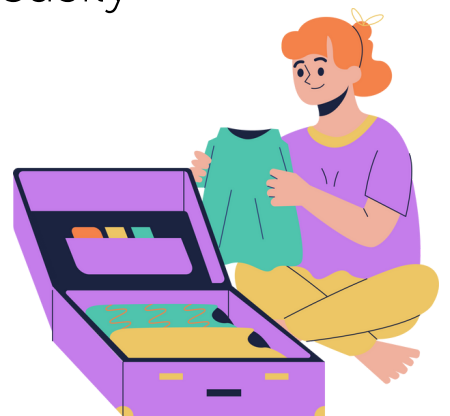
3 Be wise, carry travel size

Bring travel size items like shampoo, sunscreen, etc., and buy bigger packages at your destination.

4 Easily access certain items

Pack these items so they are easily accessible in your carry-on:

- Medication
- Change of clothing
- Important documents
- Liquids bag



Common Mistakes and How to Avoid Them

1) Supporting Documents

You don't prepare your supporting documents before starting your application.

2) Check Visa Application

You forget to check your visa application for mistakes before submitting it. Even better: Ask someone else to look over it once!

3) Expiring Passport

If your passport expires during your stay in New Zealand, your work permit will only be valid until the expiry date of your passport. Make sure to renew your passport before the application process.

4) Age Limit

You forget to apply for your Working Holiday visa before your 36th birthday. It is okay if you turn 36 while being in New Zealand or before you travel.

5) Medical Exam Requirement

You don't leave enough time to schedule your chest x-ray or medical examination if you apply for a visa for 23 months.

6) eVisa Letter

You miss out on activating your work permit within 12 months of receiving your Working Holiday Visa eVisa letter. This counts as participation!

7) Arrival Documents

You don't take the necessary arrival documents for going to New Zealand (e.g. bank statement, travel insurance). Refer to the visa guidelines on page 25 when preparing your documents.

8) Check the Work Permit

You forget to check your work permit for mistakes before leaving the airport/border. Make sure that everything is correct and that you received the full duration!



General Tips

Research your visa options

The first step in preparing to work and travel in New Zealand is to research your visa options. The most common visa for Canadians is the Working Holiday visa, which allows you to work and travel in New Zealand for up to 12-23 months. This visa is available to Canadians aged 18-35.

Get your paperwork in order

Once you have decided on your visa, you will need to gather the necessary paperwork. This typically includes a valid passport, proof of sufficient funds, and a completed visa application. Make sure to have all your documents ready and in order before your departure to avoid any delays.

Sort out your finances

Make sure you have sufficient funds to cover your expenses while in New Zealand. This includes your airfare, accommodation, transportation, and daily expenses. It's also a good idea to research different banking options and compare fees and services, so you can choose the one that best suits your needs.

Prepare for the culture shock

New Zealand may be a Commonwealth country, but it is still a different culture. Research the country, customs, and social norms to get a better understanding of what to expect. Make sure to pack accordingly, and be open-minded to new experiences.

Research different insurance options

As a Canadian, you may not be eligible for public health insurance or care in New Zealand. Most working holiday visa applicants are required to obtain medical and comprehensive hospitalization insurance.

Create a budget

Create a budget and stick to it. Have a plan for how much you will spend each day, week, or month. This will help you keep your finances in check and make sure you don't overspend.

General Tips

Make a list

Make a list of the things you need to do before you leave, such as canceling your bills, changing your address, and so on. This will help you stay organized and ensure that you don't forget anything important.

Research job opportunities

Research job opportunities in New Zealand before you leave. This will give you an idea of what types of jobs are available, and you can start applying for jobs even before you leave Canada.

Pack wisely

Pack only what you need and make sure you have enough space for souvenirs. Make sure to check the weather forecast for your destination and pack accordingly.

Enjoy your experience

The most important thing is to enjoy your experience. New Zealand is an amazing country, full of beautiful landscapes and friendly people. Make the most of your time there and create memories that will last a lifetime.

When to go

The best time to visit New Zealand is during the summer months of December to March, which bring long, bright and sunny days and temperatures of 16°C to 24°C. They're ideal for visiting the lovely beaches or enjoying the many outdoor activities available, such as hiking and mountain biking. If you're looking for seasonal work, the best time to go is during the summer months. Although, you can also get fun jobs at ski resorts on the South Island.

Other key things

- **Accommodation:** Finding a place to live can be one of the biggest challenges when moving to a new country. Research different options such as short-term rental accommodation, hostels, or long-term rentals. It's also a good idea to look into shared accommodation options to save on costs.
- **Transportation:** Research transportation options in your destination city and consider purchasing a car or bike if you plan on staying in one place for a longer period of time. Make sure to check if you need a special license to drive in New Zealand.
- **Banking:** Setting up a bank account in New Zealand will make it easier for you to manage your finances and get paid. Research different banking options and compare fees and services.
- **Health insurance:** It's important to have health insurance when working and traveling in New Zealand. Research different options and consider purchasing travel insurance to cover any medical expenses. GO International sells travel medical insurance at competitive rates.
- **Currency:** Get familiar with the currency used in New Zealand and consider getting your money exchanged before you leave Canada or when you arrive in New Zealand.
- **Visa regulations:** Make sure you understand the rules and regulations of your visa and ensure you comply with them during your stay in New Zealand.
- **Taxes:** Make sure you are aware of your tax obligations in New Zealand and how to file your taxes, including how to register for a Inland Revenue Department (IRD).
- **Cultural differences:** Be aware of the cultural differences between Canada and New Zealand. Research the customs and social norms of your destination and be prepared to adapt to the new culture.
- **Safety:** Research the safety situation in your destination city and take necessary precautions to ensure your safety while working and traveling in New Zealand.
- **Networking:** Network with other Canadians and connect with local communities and organizations to learn more about the country and find job opportunities.

Emergency contact information

Make sure to keep emergency contact information, such as the contact information of your embassy and your insurance provider, on hand in case of an emergency.

Flight Booking Tips

Decide on where and when you want to fly - it's better to be flexible about the dates to find a cheaper rate and/or better connection.

Check flight comparison websites like Expedia, Skyscanner, Kayak, but if possible book directly through an reliable airline (e.g. Air Canada).

Sign up for price alerts by using flight search tools such as Google Flights, Kayak, Hopper, and Skyscanner.

You'll definitely want at least a 1.5 to 2-hour window for layovers. Make sure to have sufficient time to make your connection.

Decide if you want to book a one-way or return ticket. You will need to prove extra funds if you only book a one-way ticket. If it's a return ticket, make sure you can reschedule the return date.



Arrival in New Zealand - Two Essential Tips

Once you arrive in New Zealand, there are two essential things to do:

1 Tax Number (IRD)

An IRD number is a unique number given to you by New Zealand's Inland Revenue Department. It is used by Inland Revenue, banks, financial institutions, government departments and employers to identify you for tax purposes. You can apply for an IRD number online or by completing an IRD number application form (IR742)

2 Bank Account

It's essential to open a bank account to receive your salary and manage your finances. You'll need your passport, visa, and address details to open a bank account in New Zealand





Visa Applications for Canadians: A Detailed Guide on How to Apply for Different Types of Visas

Everything You Need to Know About New Zealand Working Holiday Visas

Are you planning to work and travel in New Zealand? Then, it's essential to know everything about the New Zealand Working Holiday Visa.

The process of getting a visa, finding a job, and settling down in a new country can be a bit challenging, but it can be made simpler if you know what to do. In this article, we'll go through everything you need to do before and after arriving in New Zealand to start your working holiday.

New Zealand Working Holiday Visa for Canadians

For individuals that are planning to find paid work in New Zealand, you will need to acquire a Working Holiday visa. Carefully read through the information below and follow the steps of how to apply.

There are two ways to apply for this visa, either online or by paper form. We recommend applying online for the following reasons:

- It allows you to find out if you will meet the requirements before you lodge and pay for your application.
- It allows you to track and view the status of your Working Holiday scheme application online (there is no need for you to wait by the letter box).
- It saves you a place in the quota.
- It is time-saving; many people find it easier and quicker to use a computer instead of filling out a paper form.

WHAT DOES THIS VISA LET ME DO?

If you are granted this visa, you can:

- Enter New Zealand within 12 months of grant.
- Work in New Zealand for any employer for up to 23 months.
- You can enroll in one or more courses of training or study of up to 6 months duration in total during your visit.
- The Working Holiday visa is a multiple-entry visa. That means your Working Holiday visa is activated when you first arrive, but you're free to leave New Zealand and return as many times as you like. Any time you spend outside of New Zealand will not be added to the total time your Working Holiday visa is valid for.
- If you applied under another Working Holiday visa and you want to stay longer, you can apply for another type of visa as a temporary worker, student, or resident but you cannot extend your visa under the Working Holiday scheme.



New Zealand Working Holiday Visa for Canadians

REQUIREMENTS

All applicants must:

- Have a Canadian passport that's valid for at least three months after your planned departure from New Zealand
- Be at least 18 and not more than 35 years old
- Not bring children with you.
- Be coming to New Zealand to holiday, with work or study being secondary intentions for your visit.
- Not have been approved a visa or visa under a working holiday scheme before.
- Hold a return ticket or sufficient funds to purchase such a ticket.*
- Have a minimum of NZ \$4,200 available funds* to meet your living costs while you are there.

*You are required to hold sufficient funds for the duration of your visit and for the purchase of an outward ticket from New Zealand. Such evidence may be requested on arrival at the border.

Prove your funds with a stamped and signed bank statement from your Canadian bank. The bank account has to be under your own name. You have to be able to access the money upon arrival in New Zealand and the bank statement cannot be older than 10 days.

- Meet the health and character requirements**.

**The Working Holiday schemes online system will tell you whether you need to send a completed Medical and/or X-ray Certificate, and, if so, how to do it, when you submit your online application. This is based on the maximum length of stay that you are allowed under your country's working holiday scheme (not your intended stay), along with your responses to the health requirements questions.

HEALTH REQUIREMENTS

Before completing the questions on the Health Page of the online application you must read the [New Zealand Health Requirements \(INZ 1121\) PDF](#). This leaflet will tell you about the health requirements you may be required to complete to have your application considered.

New Zealand Working Holiday Visa for Canadians

Canada is not considered as being at high risk of tuberculosis (TB). However, you will need to provide a chest x-ray if...

- You plan to apply for the working holiday visa for more than 12 months.
- You have spent more than 3 months during the last 5 years in a country, which is not on the list of countries with a low incidence of TB.

You find the full list of countries with a low incidence of TB [here](#).

If you are required to do a chest x-ray, please see [this homepage](#) for approved panel physicians near you.

CHARACTER REQUIREMENTS

You will need to meet character requirements for temporary entry to New Zealand. What they are looking for is that you were not charged, convicted or are under investigation for any offence against the law in Canada. If so, you do need to report this on your application and it may slow down the process or even cause you to be rejected for your visa.

OTHER INFORMATION

When you're there:

- You must not take up permanent employment (unless you apply for and are granted an ordinary work visa while you're there).
- You can enroll in one or more courses of training or study of up to six months' duration in total during your visit.

How much will the visa cost?

You will need a valid Visa or MasterCard credit card to make this payment online. This is the only way to pay for your online application.

Credit Card

You can pay by Visa, MasterCard or UnionPay credit card

.

Debit Card

You can pay by Visa, MasterCard or UnionPay debit card.

The cost is approximately \$455 NZD.

New Zealand Working Holiday Visa for Canadians

Processing time

The online application service is faster and more convenient. Once your application has been successfully submitted, you will receive a response in a matter of days. This might ask you to provide further information or it may be a decision.

When your application is approved, you will receive an automated e-mail advising that the status of your application has changed and that you can view the outcome of your application on the Immigration New Zealand (INZ) website. You should then log on to INZ Online Services, using your username and password, and select the "What's Happening" link to view and print your visa or permit details. You should keep this with your passport.

Contact Details

If you have a question and wish to call Immigration from outside of New Zealand, please phone:
+64 9 914 4100.

Steps for Applying for a Working Holiday Scheme Visa

Register and apply online.

Once you are granted a visa, you will be given a permit upon arrival into New Zealand. The permit is what you can show your employer to prove you are eligible to work in New Zealand.



Finding a Job Abroad: Tips on Job Searching, Networking, and Preparing Your Resume for International Job Market



General Tips



- Choose the city where you want to live and work in New Zealand, and identify the job platforms and job market that works better in that area to start your job research.
- Make a list of career options to decide the job field that you want to work in (e.g. hospitality), do research on the current demand, and check the qualifications for New Zealand.
- Evaluate the possibilities for a foreign transfer (if you are working in an international company).
- Make sure you adapt or localize your resume to New Zealand, extend your research to determine unique selling points in the field you want to work in.
- Use your network and meet new people in your field to create and learn about new opportunities.
- Use international job boards to extend your research and have more options when seeking for a job.

General Tips



- Write down the top 10 employers to narrow the options in your field and to get a clear idea of your goals in the job search.
- Build the right and specific mindset, goals, and priorities, and challenge yourself to succeed in your job search.
- Take a trip to New Zealand (if possible) to apply while you are there as a tourist, and start networking during your vacation.
- Build your language skills if you are not a native English speaker and consider taking a language course before traveling.
- Tap into all types of job search (e.g. job boards, recruiters, network, cold calling/applying, networking/referrals, job fairs, company websites, LinkedIn, interning/volunteering).

A Guide to Finding Work in New Zealand

New Zealand is a popular destination for Canadians looking to work and travel. With its picturesque landscapes, interesting culture and world-famous landmarks, New Zealand offers plenty of adventure and personal growth opportunities. However, finding work can be a challenge, especially if you're new to the country. In this chapter, we'll provide some tips on how to find a job in New Zealand.

- **Create a Resume and Cover Letter:** Your resume and cover letter should be tailored to the New Zealand job market. Highlight your skills and experience that would be relevant to the jobs you're applying for. If you're unsure about how to write a resume and cover letter, there are many resources available online to help you.
- **Search for Jobs:** There are many online job boards where you can search for jobs in New Zealand. Some popular ones include Seek, TradeMe Jobs, and Indeed. You can also try contacting recruitment agencies, which can help you find temporary or permanent work.
- **Apply for Jobs:** When you find a job you're interested in, make sure you read the job description carefully and follow the application instructions. Some employers may ask for a cover letter, resume, and references.
- **Prepare for Interviews:** If you're invited for an interview, make sure you research the company and prepare for common interview questions. You should also dress professionally and arrive on time.
- **Network:** Networking can be an effective way to find work in New Zealand. Attend industry events, join professional groups, and connect with people on LinkedIn.
- **Be Flexible:** Depending on the time of year and the job market, it may be challenging to find work in certain industries. Be open to different types of work and consider working in a different location if necessary.



A Guide to Finding Work in New Zealand

Resources for job hunting

The following are the best job boards and resources you as a Canadian should access to find a job in New Zealand when you get there or before you leave Canada.

- Seek: Seek is one of the largest job boards in New Zealand, with thousands of job listings in various industries. You can search for jobs by location, industry, or keyword.
- TradeMe Jobs: TradeMe Jobs is another popular job board in New Zealand. It has job listings from both small and large companies, and you can search for jobs by location, industry, or job type.
- Indeed: Indeed is a global job board that also has job listings in New Zealand. It has a user-friendly interface and allows you to search for jobs by keyword, location, and job type.
- New Kiwis: New Kiwis is a job portal that specifically caters to immigrants looking for work in New Zealand. It has job listings, tips on how to apply for jobs, and information on the New Zealand job market.
- Immigration New Zealand: Immigration New Zealand is the official government website that provides information on working and living in New Zealand. It has resources on finding work, job market trends, and visa requirements.
- LinkedIn: LinkedIn is a professional networking platform that can help you connect with potential employers and recruiters in New Zealand. You can search for jobs, join industry groups, and connect with people in your field.
- Recruitment agencies: Recruitment agencies can help you find temporary or permanent work in New Zealand. Some popular ones include Hays Recruitment, Michael Page, and Randstad.



A Guide to Finding Work in New Zealand

Apply for Tax Number

To apply for a tax number in New Zealand, you will need to follow these steps:

- Gather your personal information: You will need to provide personal information such as your full name, date of birth, and contact details.
- Complete the IRD number application form: You can obtain the IRD number application form from the Inland Revenue Department (IRD) website. You can either complete the form online or print it out and fill it in by hand.
- Provide proof of identity: You will need to provide proof of your identity, such as a passport or birth certificate. If you are not a New Zealand citizen or resident, you will also need to provide proof of your visa status.
- Submit your application: You can submit your application to the IRD either online or by mail. If you are applying online, you will need to upload a scanned copy of your identity documents.
- Wait for your IRD number: It can take up to 10 working days for the IRD to process your application and issue you with an IRD number. Once you have your IRD number, you can use it for tax purposes in New Zealand.



A Guide to Finding Work in New Zealand

Banking in New Zealand

Banking in New Zealand is a straightforward process. Here are some things you should know about banking in New Zealand:

- **Opening a Bank Account:** To open a bank account in New Zealand, you will need to provide proof of identity, such as a passport or driver's license, and proof of address, such as a utility bill or rental agreement. You can apply for a bank account in person at a bank branch, or you can apply online.
- **Fees:** Banks in New Zealand charge fees for certain services, such as ATM withdrawals, overseas transactions, and account maintenance. It's important to read the terms and conditions carefully and understand the fees associated with your bank account.
- **Banking Services:** Most banks in New Zealand offer a range of services, including checking accounts, savings accounts, credit cards, and loans. You can also access online banking, mobile banking, and telephone banking services.
- **Banking Regulations:** New Zealand has a strong regulatory framework for banks, with the Reserve Bank of New Zealand overseeing the banking industry. Banks in New Zealand are required to comply with a range of regulations, including anti-money laundering laws and consumer protection laws.
- **Currency:** The currency used in New Zealand is the New Zealand Dollar (NZD). You can exchange foreign currency at banks and foreign exchange bureaus.

ANZ: ANZ is one of the largest banks in New Zealand, with over 200 branches throughout the country. ANZ offers a range of banking services, including personal banking, business banking, and wealth management.

ASB: ASB is another popular bank in New Zealand, with over 130 branches throughout the country. ASB offers a range of banking services, including personal banking, business banking, and home loans.

BNZ: BNZ is a well-known bank in New Zealand, with over 180 branches throughout the country. BNZ offers a range of banking services, including personal banking, business banking, and insurance.

Kiwibank: Kiwibank is a New Zealand-owned bank, and it's known for its low fees and customer service. Kiwibank offers a range of banking services, including personal banking, business banking, and home loans.

Westpac: Westpac is a popular bank in New Zealand, with over 150 branches throughout the country. Westpac offers a range of banking services, including personal banking, business banking, and insurance.

Finding Accommodation in New Zealand

Finding accommodation can be one of the most challenging aspects of planning a work and travel experience in New Zealand. Here's a detailed guide to help you find a place to stay while on an IEC work permit.

When looking for accommodation in New Zealand, it's best to book a hostel for the first few days before you arrive in the country.

You should book in advance as places sell out in popular cities like Auckland. This will give you a place to stay and ensure that you feel safe. After you've found a job, you can consider more long-term accommodation options.

General Tips

* Research your options

The first step in finding accommodation is to research your options. There are a variety of options available, including hostels, hotels, motels, and short-term rentals. Make sure to research the pros and cons of each option to determine which one is best for your needs and budget.

* Use online platforms

There are many online platforms that can help you find an accommodation, such as Airbnb, Booking.com, and Hostelworld. These platforms allow you to search for properties by location, price, and amenities, making it easy to find a place that meets your needs.

* Join Facebook groups

Joining Facebook groups related to work and travel in New Zealand can be a great way to find an accommodation. Many of these groups are dedicated to helping people find places to stay, and you can often find listings for affordable accommodation.

* Look for accommodation close to work

If you have secured a job before arriving in New Zealand, it would be best to look for accommodation close to your workplace. This will save you time and money on transportation and make it easier to get to and from work.

* Consider shared accommodation

Shared accommodation, such as house-sharing or flat-sharing, can be a great option for those on a budget. Not only is it often more affordable than other options, but it can also be a great way to meet new people and make friends.

* Use other resources

There are a number of other resources you can use to find accommodation in New Zealand. Websites such as Trade Me and Airbnb are popular platforms for finding short-term rentals, and you can also check out local newspapers and classified ads for accommodation listings. Flatmates.com is a popular website for finding flatmates. Additionally, you can reach out to local real estate agents and property management companies for assistance in finding a place to stay.

* Be prepared to move around

Accommodation in New Zealand can be competitive, especially in popular tourist destinations, so you may have to move around a bit before finding a place that suits your needs. Be prepared to be flexible and open to different types of accommodation, and don't be discouraged if you don't find something right away.

General Tips

* **Consider staying in a backpackers hostel or a budget hotel**

Backpackers hostels and budget hotels are a great option for travelers on a budget. They are often cheaper than other accommodation options and can be a great way to meet other travelers. Living in a hostel full-time can be an affordable option, especially if you work in the hostel and can get discounts.

* **Check with your employer**

Some companies may offer housing or housing assistance to their employees. If you have secured a job before arriving in New Zealand, check with your employer to see if they have any accommodation options available.

* **Be prepared to pay deposit and rent in advance**

Keep in mind that many landlords in New Zealand require tenants to pay a deposit and rent in advance, so make sure you have enough funds to cover these expenses.



Popular Hostel Companies in New Zealand

- **YHA New Zealand**

YHA New Zealand is a network of hostels located throughout the country. They offer affordable accommodation for backpackers, families, and groups.

- **Base Backpackers**

Base Backpackers has several locations in New Zealand, including Auckland, Queenstown, and Wellington. They offer a range of accommodation options, from dormitory rooms to private rooms.

- **Nomads**

Nomads has hostels in Auckland, Queenstown, and Wellington. They offer a range of accommodation options, including dormitory rooms, private rooms, and apartments.

- **JUCY Snooze**

JUCY Snooze is a budget-friendly hostel chain with locations in Auckland and Christchurch. They offer comfortable accommodation and a range of amenities, including a communal kitchen and lounge.

- **Haka Lodge**

Haka Lodge has several locations throughout New Zealand, including Auckland, Queenstown, and Christchurch. They offer stylish and affordable accommodation, with options for both shared and private rooms.

- **BBH**

BBH is a budget accommodation network with hostels located throughout New Zealand. They offer affordable accommodation for backpackers and budget travelers, with options for shared and private rooms.



Working and Living in Different Cultures – an Overview of Cultural Differences and How to Navigate Them

Cultural differences can be both fascinating and challenging, especially when traveling to a new country for work or travel. As a Canadian visiting New Zealand, you may encounter various cultural differences that can affect your social interactions, communication style, and work etiquette. Understanding these differences and how to navigate them can help you avoid misunderstandings, adapt more easily to your new environment, and enhance your overall experience in New Zealand.

General Tips

Research and learn more about the country, culture, and the people before deciding on your Working Holiday destination.

Get in touch with locals (e.g. join groups, clubs, events) and maintain good communication with new friends.

Learn the language and try to be more relaxed and informal in your conversations with Kiwis.

Visit art exhibits, museums, join walking tours, read literature and watch documentaries to find out more about New Zealand.

Learn non-verbal communication/body language. Kiwis often use humor and slang in their conversations.

Join important holiday celebrations. People in New Zealand enjoy socializing with people from different backgrounds.

Talk with someone who has traveled to New Zealand before and learn from previous experiences.

Try the local cuisine and be open to trying new foods and drinks and explore the variety of tastes offered.

Embrace the other culture while immersing yourself fully. Social interactions in New Zealand may be more informal than in Canada.

Learn about culture shock and how to deal with it (5 stages of culture shock).

Be respectful, have empathy, be open-minded and curious. Be aware that Kiwis value personal freedom.

Be respectful when sharing your own culture/heritage. Maori culture is an integral part of the culture in New Zealand.

Cultural Differences to Consider and Tips on How to Navigate Them

When traveling to New Zealand, it's important to be aware of cultural differences that may affect your interactions with locals and your overall experience. Here are some cultural differences to consider:

- **Population and Diversity:** Canada is a much larger country than New Zealand, with a much larger population. Canada is also known for its cultural diversity, with many different ethnic and cultural groups represented. New Zealand is more homogenous, with a majority of the population being of European descent, and a significant Maori minority.
- **Maori Culture:** Maori culture is an integral part of New Zealand's identity, and it's important to be respectful of Maori traditions and customs. Maori greetings like "Kia ora" (hello) and "Haere mai" (welcome) are widely used, and it's important to respect the tapu (sacred) areas, such as marae (Maori meeting houses).
- **Informality:** Canadians are known for being polite, and often use "please" and "thank you" in social interactions. While New Zealanders are also generally friendly and welcoming, they tend to be more direct and less formal in their speech. They often use first names in business and social situations. It's also common to dress casually, even in formal settings.
- **Sense of Humour:** Both Canadians and New Zealanders have a good sense of humour, but their styles may differ. Canadians tend to use self-deprecating humour, while New Zealanders use more sarcasm and irony.
- **Punctuality:** New Zealanders value punctuality, and it's considered impolite to be late for appointments or meetings.
- **Kiwi Slang:** New Zealanders have their own unique slang, and it's common to hear words and phrases that may be unfamiliar to visitors. For example, "heaps" means a lot, "sweet as" means awesome or excellent, and "jandals" are flip-flops.
- **Outdoor Culture:** New Zealanders love the outdoors, and there are many opportunities for outdoor activities like hiking, skiing, and surfing. It's important to respect the environment and follow the "leave no trace" principle.
- **Tipping:** Tipping is not a common practice in New Zealand, and it's not expected in restaurants or other service industries. However, if you receive exceptional service, a small tip or round-up of the bill is appreciated.

Cultural Differences to Consider and Tips on How to Navigate Them

- Food and Drink: Both Canada and New Zealand have their own unique cuisine, but there are some differences. Canadian cuisine is heavily influenced by French and British cuisine, and includes dishes like poutine and butter tarts. New Zealand cuisine features a lot of seafood and lamb, and traditional Maori dishes like hangi.
- Weather: New Zealand's climate is generally milder than Canada's, with mild winters and warm summers. Canada's climate is much more varied, with very cold winters and hot summers.
- Sports: Both Canada and New Zealand are known for their love of sports, but the types of sports they play differ. In Canada, ice hockey is the national sport, while in New Zealand, rugby is king.



Staying Safe and Healthy - A Guide to Staying Safe and Healthy While Traveling Abroad

New Zealand seems to be a small country in comparison to other Working Holiday destinations, but it's also a diverse country that offers numerous opportunities for work and travel. However, as with any new environment, it is essential to take precautions to stay safe and healthy during your stay.

Here are some tips for staying safe and healthy while working and travelling in New Zealand.

Tips for Staying Safe and Healthy



- Do your research about the destination, stay up to date on any travel advisories or warnings related to New Zealand / the area.
- Inform yourself about water and food safety, and stay hydrated by drinking plenty of water, especially in hot weather.
- Consider registering your travel plans with your embassy or consultant, which can help provide assistance in case of an emergency.
- Visit a doctor for check-ups and vaccinations before traveling, and keep a list of emergency numbers handy in case you need medical assistance.
- Pack a first-aid kit, and be mindful of the risk of extreme weather events.
- Keep your important documents/valuables safe, and keep (digital) copies online.
- Keep your friends and family updated about your whereabouts, and carry emergency contacts with you.

Tips for Staying Safe and Healthy



- Make sure you book adequate health insurance coverage for your trip.
- Keep up to date with the current situation, news, events, and emergency alerts.
- Be smart about your money, and use local ATMs wisely.
- Have common sense and follow your gut feeling/ trust your instincts.
- Be cautious of unsolicited emails, phone calls, or text asking for personal information or money.
- Invest in a good travel bag/travel lock and rather splurge on extra safety.
- Know your skills, and limitations (e.g. when hiking), and wear sunscreen, a hat, and sunglasses.
- Ask locals for advice, and don't share too much information with strangers (e.g. exact location on social media).
- Avoid unsafe neighborhoods, especially alone at night, and travel in numbers.
- Stay up to date on any travel advisory or warning and be generally street smart (don't do dangerous things for photos!).

Tips for Staying Safe and Healthy

Staying healthy and safe while traveling in New Zealand is important to ensure a positive and enjoyable experience. One of the most important things to consider is the weather, as New Zealand can experience a wide range of weather conditions, including sudden changes and extreme weather events. It's important to dress appropriately for the weather and be prepared for sudden changes in temperature, particularly if you plan to explore outdoor activities like hiking or skiing.

Additionally, it's important to be aware of potential health risks in New Zealand, such as exposure to the sun, which can be particularly intense in summer months, and insect bites, which can carry diseases like Ross River virus or Lyme disease. Be sure to apply sunscreen regularly and wear protective clothing when necessary, and use insect repellent to avoid mosquito bites.

In terms of safety, New Zealand is generally considered a safe destination, but it's still important to be vigilant and take precautions to protect yourself and your belongings. Always lock your accommodation and car, and avoid leaving valuables in plain sight. When hiking or exploring, make sure to tell someone your plans and carry a fully charged cell phone or other communication device.

Finally, it's important to be respectful of New Zealand's unique culture and customs. This includes following local laws and regulations, such as respecting tapu areas, and being mindful of the local Maori culture. By being aware of potential health and safety risks, taking precautions to protect yourself, and being respectful of local customs, you can have a safe and enjoyable trip to New Zealand.



Tips for Staying Safe and Healthy

New Zealand is generally a safe country, but it's important to take precautions to ensure your safety, especially if you are traveling alone or in unfamiliar areas. Here are some tips for staying safe in New Zealand:

- **Stay Alert:** Be aware of your surroundings and keep an eye out for any potential danger. If you feel uncomfortable or unsafe, trust your instincts and leave the area.
- **Secure your belongings:** Keep your valuables, such as your passport and money, in a secure place, like a hotel safe. Be cautious when using your phone or other electronics in public places, and keep an eye on your bags and belongings at all times.
- **Be cautious when hitchhiking:** Hitchhiking is legal in New Zealand, but it's important to take precautions. Only hitchhike during daylight hours, use common sense when accepting rides, and always tell someone your travel plans.
- **Drive Safely:** If you plan to drive in New Zealand, make sure you are familiar with local road rules and conditions. New Zealand has many winding roads and steep hills, so drive carefully and avoid speeding.
- **Watch for natural hazards:** New Zealand is known for its natural beauty, but it's important to be aware of natural hazards like earthquakes, tsunamis, and volcanic activity. Keep an eye on weather reports and alerts, and follow the instructions of local authorities.
- **Respect local customs:** New Zealand has a unique culture, and it's important to be respectful of local customs and traditions. For example, respect tapu (sacred) areas and be mindful of the local Maori culture.
- **Use common sense:** Use your common sense when traveling in New Zealand. Avoid walking alone at night in unfamiliar areas, stay away from areas known for crime or gang activity, and always have a plan in case of an emergency.



Tips for Staying Safe and Healthy

Medical Care and Expenses in New Zealand

If you are a visitor to New Zealand on a work and travel visa, you may be eligible for limited healthcare services through the country's public healthcare system. The healthcare system in New Zealand is generally considered to be of a high standard, and the government provides a range of services to its citizens and eligible visitors.

If you become ill or injured while in New Zealand, you should seek medical attention as soon as possible. In an emergency, you can call 111 for immediate assistance. If your condition is not urgent, you can visit a local medical clinic or general practitioner (GP) for non-emergency medical care.

Visitors to New Zealand who are not eligible for publicly funded healthcare may need to pay for medical services out of their own pocket. It's mandatory that visitors obtain comprehensive travel insurance that includes coverage for medical expenses, emergency medical evacuation, and repatriation.

It's also important to note that New Zealand has strict biosecurity regulations to protect against the introduction of foreign pests and diseases. Visitors are required to declare any food, plant material, or animal products they are bringing into the country, and failure to do so can result in significant fines or even deportation.

It is important for Canadians working and traveling in New Zealand to research and consider their options for medical insurance and coverage. Purchasing travel insurance before leaving Canada is mandatory. It's also important to be prepared for the potential costs of paying for medical expenses out of pocket.

It is highly recommended to research and compare the different options available, and to speak with a representative of the insurance provider to clarify any questions you may have.



Returning Home - Tips on Re-Entry and How to Leverage Your International Experience

A photograph of a city skyline, likely Singapore, viewed from an airplane window. The window frame is visible in the foreground, and the city is seen in the background under a dramatic, sunset-colored sky. The text is overlaid on the image.

General Tips



- Arrange logistics for arrival home, for example where you will live and what you want to do next.
- Prepare yourself for post-travel depression and reverse culture shock.
- Be patient with yourself and get some rest after returning home.
- Prepare emotionally for friendships that have changed.
- Avoid being a know-it-all about travel and your time abroad.
- Pre-plan your responses to popular questions.
- Make plans, so you have something to look forward to.
- Spend time with friends and family, but don't overwhelm yourself.
- Write down what you have learned and/or create a photo/scrapbook.
- Connect with other travelers.
- Find a new passion apart from traveling.
- Book a new trip - even if it's a short one. Reminder that you can still do other Working Holiday countries as long as you are under 36!

General Tips

As your time in New Zealand comes to an end, it is important to prepare for your return to Canada. Here are some tips on re-entry and how to leverage your international experience.

Plan Ahead

Returning home can be overwhelming, particularly if you have been away for an extended period. It is essential to plan ahead by considering your accommodation, transportation, and finances. You may need to arrange temporary accommodation, sell or store your belongings, and make travel arrangements. It is also important to have a budget in place and understand any tax or customs regulations that may apply.

Stay Connected

Your time in New Zealand has likely resulted in new friendships and professional connections. It is essential to maintain these connections by staying in touch and networking. Social media platforms such as LinkedIn, Facebook, and Instagram are great ways to keep in contact and share updates. You may also want to attend networking events or join professional organizations related to your industry.



General Tips

Reflect on Your Experience

Your time in New Zealand has likely been a significant personal and professional growth opportunity. It is essential to reflect on your experience and identify the skills and knowledge you have gained. This can include language skills, cultural awareness, adaptability, and problem-solving skills. These skills are highly valued by employers and can be leveraged when seeking new opportunities.

Update Your Resume and Cover Letter

As you return to Canada and begin your job search, it is essential to update your resume and cover letter to reflect your international experience. This can include highlighting any volunteer work, internships, or projects you worked on while in New Zealand. You may also want to include any language skills, certifications, or awards you received during your time abroad.

Be Patient

Returning home and settling back into your routine can take time. It is important to be patient and allow yourself time to adjust. You may experience reverse culture shock, which can include feelings of disorientation, frustration, and anxiety. This is a normal part of the re-entry process, and it is essential to seek support from family, friends, or a mental health professional if needed.



General Tips

Stay Open-Minded

Your international experience has likely broadened your perspective and challenged your assumptions. It is essential to stay open-minded and apply this mindset to your personal and professional life in Canada. You may want to explore new hobbies, volunteer opportunities, or career paths that align with your values and interests.

Returning to Canada after your time in New Zealand requires planning, reflection, and a positive mindset. By leveraging your international experience, staying connected, and being patient, you can successfully navigate the re-entry process and embrace new opportunities.



GO International Work and Travel Program Destinations:



Appendix - A List Of Helpful Resources





[New Zealand Embassy](#)

[Canadian Government info
about New Zealand](#)

[New Zealand Customs](#)

[Visa Finder New Zealand](#)

[InterCity Bus New Zealand](#)

[Buy and Sell on Craigslist New
Zealand](#)

[WWOOF New Zealand \(working
on organic farms\)](#)

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+1 (236) 865-5324



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